

## Important Numbers

### In case of Emergency Dial 911

Shiawassee County Sheriff	989-743-3411
Michigan State Police	810-732-1111
Owosso Police	989-725-0580
Corunna Police	989-743-6170
Durand Police	989-288-3113
Bancroft Police	989-634-9771
Laingsburg Police	517-651-5355
Lennon Police	810-621-4591
Morrice Police	517-625-3430
New Lothrop Police	810-638-5767
Perry Police	517-625-3535
Vernon Police	989-288-2300

### Resource Contacts Dial 211

SATA Transportation	989-729-2687
SafeCenter	877-952-7283 (crisis line) 989-723-9716 (Owosso)
MDHHS	855-444-3911 (to report abuse) 989-725-3200 (Owosso)
Legal Aid	888-783-8190
National Dom. Viol. Hotline	800-799-SAFE
Homeless Angels	989-723-5400
CACS	989-723-3115
Prosecutor Victims Advocate	989-743-2468
Voices for Children	989-723-5877



## Outline of Violence

(Some victims see their abuse happening in a pattern. But not every case will follow the same pattern shown here.)

### TENSION

- ❖ Entitled attitude – laws are for other people
- ❖ Jealousy and anger escalate
- ❖ Blames others for own actions & feelings
- ❖ Undermines victim's self-esteem
- ❖ Interferes with relationships of others
- ❖ Accuses victim of unacceptable behavior

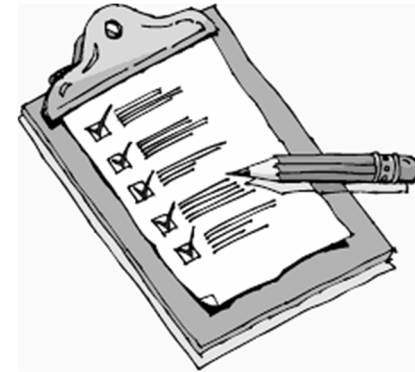
### ABUSIVE BEHAVIOR

- ❖ Increased verbal threats
- ❖ Threats/acts to destroy victim's belongings
- ❖ Threats/acts to harm if victim leaves
- ❖ Threatens or physically assaults or sexually abuses the victim
- ❖ Threats/acts to kill the victim
- ❖ Threats/acts to do harm to victim's children, family members, or friends

### APOLOGIES

- ❖ Promises to get help or counseling
- ❖ Apologies for abuse, promises to change
- ❖ Buys gifts for victim, compliments victim
- ❖ Victim feels sense of security, closeness

## How to Develop A Safety Plan



## Scott A. Koerner Prosecuting Attorney

Victim/Witness Program  
201 North Shiawassee Street  
Surbeck Building, Second Floor  
Corunna, MI 48817  
989-743-2373 (main)  
989-743-2468 (victim's rights)

## Safety at Home

### *When your abuser is there*

- Choose a code word to alert friends and children to call the police and/or take shelter
- Prepare an emergency bag to keep in your trunk or at a safe place (see checklist)
- Call ahead and arrange three confidential places to go in times of violence. A true safe place would be unknown to the abuser (old friends, classmates, coworkers). Empower yourself by having options.
- Avoid alcohol or drugs. These impair your judgment, awareness of danger, and ability to act quickly to protect yourself or your children.
- Avoid rooms without exits.

## Safety at Home

### *After your abuser has moved*

- Change locks and/or add locks on existing doors and windows
- Consider safety features (peepholes in doors, outside lighting, security service, rope escape ladders on upper floors, ets) to ensure safety
- Change phone numbers to one your abuser doesn't know
- Tell school & daycare who can pick up the kids
- Tell landlord and a neighbor about situation

## Protection Orders

- Get a Personal Protection Order (PPO) from the Circuit Court
- Keep your PPO on or near you at all times

- Tell your family, trusted friends, and trusted co-workers about incidents.
- Report all violations by filing a "Motion to Show Cause" at the Circuit Court Clerk's Office.
- See more PPO information at:  
[www.Shiawassee.net/Prosecuting-Attorney/Personal-Protection-Orders.aspx](http://www.Shiawassee.net/Prosecuting-Attorney/Personal-Protection-Orders.aspx)

## Safety at Work

- Tell your employer and trusted co-workers about your abuser.
- Give your PPO and abuser's photo to security.
- Screen and log your phone calls.
- Get an escort to your car, bus, or ride
- Lock your car.
- Vary your route traveling to/from work.
- Get a prepaid cell phone.
- Carry a noisemaker or personal alarm.

## Safety When Leaving

- Rehearse your escape plan.
- Teach your kids how to contact the police.
- Open a new account in only your name or save money to increase your independence
- Consider getting a post office box
- Keep your purse and keys handy
- Prepare an emergency bag with important items like those listed on the checklist



## Checklist:

### *What to take when leaving*

#### **IDENTIFICATION**

- ✓ Photo IDs
- ✓ Birth Certificates
- ✓ Social Security Cards



#### **FINANCIAL**

- ✓ Money
- ✓ ATM card and checkbook
- ✓ Credit cards in your name



#### **LEGAL PAPERS**

- ✓ Marriage license, divorce or custody orders
- ✓ Personal Protection Orders
- ✓ Lease/rental agreements, deed to house
- ✓ Car registration and insurance certificate
- ✓ Medical records and insurance cards (for you and your kids)
- ✓ School records

#### **OTHER**

- ✓ Address Book
- ✓ Keys to house and car
- ✓ Medications and prescriptions

### **Useful WEBSITES**

Jail or court release: [www.vinelink.com](http://www.vinelink.com)  
 DV info: [www.lundybancroft.com](http://www.lundybancroft.com)  
[www.shiawassee.net/prosecuting-attorney](http://www.shiawassee.net/prosecuting-attorney)